

Swindon Harriers

U11 FUNDAMENTALS Performance Metrics

March 2025 (Next Update: late April 2025)

Purple	Performing At Above Average Level of a Year 6 Athlete
Gold	Top level for Year 5-6 Athlete
Silver	2nd level for Year 5-6 Athlete
Bronze	3rd level for Year 5-6 Athlete
Fourth	4th level for Year 5-6 Athlete
Ungraded	Athlete not assessed

Sources: English Schools Athletic Association (ESAA) Awards Scheme 2023, Topend Sports Beep Test Norms and Ratings and past Wessex Track and Field League Quad Kids Results

Note: These grades are for School Year 5 & 6 athletes, except for the 400m which uses School

Year 4 grade values.

Athlete ID	Year	Gender	Beep Test Level	Beep Test Standard	75 Metres Seconds	75 Metres Standard	Long Jump Metres	Long Jump Standard	400 Metres Minutes	400 Metres Standard	600 Metres Minutes	600 Metres Standard	Howler Metres	Howler Standard
AI82PJ	6	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
17AS	5	F	4.5	Ungraded	13.70	Silver	2.30	Ungraded	01:49.4	Silver	03:00.1	Silver	10.80	Ungraded
0	6	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
51PY	5	F	5.4	Silver	13.34	Silver	2.89	Silver	00:00.0	Ungraded	02:53.0	Silver	8.50	Fourth
68DH	5	F	5.2	Silver	11.84	Gold	3.41	Gold	01:31.7	Gold	02:20.0	Gold	18.60	Bronze
21PL	5	F	3.4	Fourth	13.20	Silver	2.70	Bronze	01:45.1	Silver	02:56.1	Silver	11.90	Fourth
82HA	5	F	4.9	Silver	12.17	Gold	3.28	Gold	01:39.0	Gold	02:43.0	Silver	15.50	Fourth
52LE	5	F	4.5	Bronze	13.50	Silver	2.80	Bronze	01:42.0	Silver	02:47.5	Silver	13.50	Fourth
69SY	5	F	4.7	Bronze	12.89	Gold	2.60	Bronze	00:00.0	Ungraded	00:00.0	Ungraded	14.70	Fourth
12PF	5	F	4.5	Bronze	13.53	Silver	2.48	Bronze	01:46.0	Silver	02:58.4	Silver	14.90	Fourth
14IG	5	F	8.2	Purple	12.50	Gold	2.83	Silver	01:30.6	Gold	02:12.0	Gold	22.20	Silver
52NR	5	F	4.6	Bronze	12.24	Gold	3.10	Silver	00:00.0	Ungraded	02:26.0	Gold	14.25	Fourth
40SX	5	F	4.7	Bronze	12.05	Gold	3.51	Purple	00:00.0	Ungraded	02:19.0	Gold	15.20	Fourth
52HF	5	F	4.3	Bronze	12.24	Gold	3.28	Gold	01:45.1	Silver	02:45.0	Silver	18.50	Bronze
34SE	5	F	5.6	Silver	14.81	Bronze	2.29	Fourth	01:55.0	Silver	02:45.0	Silver	13.40	Fourth
34XP	5	F	0.0	Ungraded	13.09	Silver	2.54	Bronze	01:54.0	Silver	02:46.5	Silver	8.80	Fourth
72LF	5	F	9.4	Purple	12.59	Gold	3.04	Silver	00:00.0	Ungraded	02:08.0	Gold	16.00	Fourth
14EZ	5	F	5.0	Silver	14.20	Bronze	2.71	Bronze	01:41.0	Silver	02:32.0	Gold	11.56	Fourth
22FH	5	F	5.1	Silver	14.09	Bronze	2.50	Bronze	01:38.0	Gold	03:11.1	Bronze	6.40	Fourth
49BG	5	F	6.7	Gold	12.60	Gold	2.82	Silver	01:42.0	Silver	02:35.0	Gold	24.84	Silver
25BP	5	F	5.6	Silver	14.06	Bronze	2.57	Bronze	01:39.3	Gold	02:28.0	Gold	8.90	Fourth
48BW	5	M	10.1	Purple	11.53	Gold	3.42	Silver	01:17.0	Purple	02:00.0	Gold	30.52	Gold
55PW	5	M	7.5	Gold	12.10	Gold	3.25	Silver	00:00.0	Ungraded	02:15.0	Gold	22.82	Bronze
56EG	5	M	7.1	Gold	11.27	Gold	3.34	Silver	01:25.6	Gold	02:03.0	Gold	28.63	Silver
14IQ	4	M	7.3	Gold	11.00	Gold	2.43	Bronze	01:30.0	Fourth	02:07.0	Fourth	30.38	Gold
0	5	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
22EL	5	M	4.0	Fourth	14.13	Gold	1.70	Fourth	02:03.0	Fourth	03:20.7	Gold	11.40	Fourth
0	5	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
27AJ	5	M	3.4	Fourth	14.46	Bronze	2.86	Bronze	01:58.0	Bronze	00:00.0	Ungraded	0.00	Ungraded
40RJ	5	M	0.0	Ungraded	12.46	Gold	2.83	Bronze	01:36.0	Silver	02:26.0	Gold	12.83	Fourth
58NS	5	M	8.1	Gold	12.76	Silver	3.06	Silver	01:32.5	Gold	02:20.0	Gold	20.30	Bronze
66LR	5	M	9.7	Purple	11.94	Gold	3.19	Silver	01:21.0	Gold	02:03.0	Gold	28.37	Silver
54ZD	5	M	5.5	Bronze	12.30	Gold	3.12	Silver	01:34.9	Gold	02:33.0	Silver	25.14	Silver
12PW	5	M	8.1	Gold	11.93	Gold	3.07	Silver	01:27.0	Gold	02:10.0	Gold	18.61	Fourth
54GF	5	M	4.0	Fourth	15.00	Bronze	1.95	Fourth	01:56.0	Bronze	03:12.9	Bronze	9.40	Fourth
49DX	5	M	6.2	Silver	12.76	Silver	2.90	Bronze	00:00.0	Ungraded	02:28.0	Gold	20.54	Bronze
71BJ	5	M	6.2	Silver	11.98	Gold	3.00	Silver	01:35.0	Gold	02:42.0	Silver	22.96	Bronze
34NP	5	M	0.0	Ungraded	11.61	Gold	3.63	Purple	01:22.0	Gold	02:08.0	Gold	30.37	Gold
22FN	5	M	0.0	Ungraded	12.60	Silver	2.44	Bronze	01:41.0	Silver	02:36.9	Silver	21.80	Bronze
40SJ	5	M	6.0	Silver	13.47	Silver	2.85	Bronze	02:07.0	Silver	02:41.0	Gold	14.40	Bronze
34XB	5	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
14NA	5	M	6.0	Silver	13.00	Silver	2.60	Bronze	00:00.0	Ungraded	02:18.0	Gold	12.03	Fourth
27AG	5	M	5.3	Bronze	12.25	Gold	3.15	Silver	01:35.3	Gold	02:25.0	Gold	24.00	Bronze
51QJ	5	M	5.4	Bronze	13.17	Silver	2.77	Bronze	00:00.0	Ungraded	02:37.0	Silver	22.43	Bronze
32PLFG	5	M	3.2	Fourth	13.19	Silver	2.05	Fourth	01:56.2	Bronze	02:56.0	Bronze	8.20	Fourth
31HZ	5	M	4.7	Bronze	0.00	Ungraded	2.94	Fourth	02:29.9	Fourth	02:59.9	Gold	14.40	Fourth
27OP	5	M	3.3	Fourth	12.05	Gold	3.05	Silver	01:29.0	Gold	02:35.6	Silver	26.60	Silver
51SY	5	M	8.5	Purple	12.33	Gold	2.93	Bronze	00:00.0	Ungraded	02:10.0	Gold	17.24	Fourth
56ES	5	M	10.1	Purple	12.50	Gold	3.59	Gold	00:00.0	Ungraded	02:00.1	Gold	34.10	Gold
40HH	5	M	8.4	Purple	13.67	Bronze	2.90	Bronze	01:36.0	Silver	02:20.0	Gold	19.54	Fourth
34HP	5	M	7.5	Gold	12.00	Gold	3.16	Silver	01:30.6	Gold	02:19.8	Gold	31.67	Gold
68U	5	M	0.0	Ungraded	11.61	Gold	3.42	Silver	00:00.0	Ungraded	02:25.0	Gold	28.13	Bronze
12ND	5	M	6.4	Bronze	12.77	Silver	3.09	Silver	01:37.0	Silver	02:42.0	Silver	17.20	Fourth
34SX	5	M	9.6	Purple	13.40	Silver	2.66	Bronze	01:22.0	Gold	02:04.0	Gold	18.62	Fourth
49EE	5	M	0.0	Ungraded	13.39	Silver	2.52	Bronze	00:00.0	Ungraded	02:34.0	Silver	12.30	Fourth
40ND	5	M	6.0	Silver	12.84	Silver	2.88	Bronze	00:00.0	Ungraded	02:31.0	Gold	24.05	Bronze
14GW	5	M	7.7	Gold	11.86	Gold	3.49	Silver	00:00.0	Ungraded	02:17.0	Gold	28.22	Silver
31ND	5	M	10.0	Purple	12.52	Gold	3.22	Silver	01:28.0	Gold	02:11.0	Gold	29.55	Silver
54ES	4	F	8.2	Purple	12.41	Gold	2.86	Silver	01:32.5	Gold	02:26.0	Gold	8.26	Fourth
66DGM	4	F	7.7	Purple	0.00	Ungraded	0.00	Ungraded	01:36.0	Gold	00:00.0	Ungraded	12.80	Fourth
36FG	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
52GB	4	F	4.9	Silver	12.25	Gold	2.45	Bronze	01:32.0	Gold	00:00.0	Ungraded	10.45	Fourth
52GL	4	F	5.4	Silver	12.26	Gold	2.50	Bronze	01:28.0	Gold	00:00.0	Ungraded	8.60	Fourth
54FR	4	F	6.3	Gold	11.67	Gold	2.18	Fourth	01:38.4	Gold	02:26.0	Gold	10.80	Fourth
33EZ	4	F	4.8	Silver	12.25	Gold	2.63	Bronze	01:46.8	Silver	02:30.0	Gold	13.01	Fourth
34FW	4	F	4.9	Silver	12.60	Gold	2.31	Bronze	01:38.6	Gold	02:38.0	Gold	12.86	Fourth
27TG	4	F	3.6	Fourth	14.20	Bronze	2.70	Bronze	01:51.4	Silver	00:00.0	Ungraded	18.70	Bronze
47SD	4	F	6.7	Gold	13.97	Bronze	2.55	Bronze	01:48.8	Silver	02:32.0	Gold	8.00	Fourth
68AB	4	F	8.9	Purple	14.44	Bronze	2.65	Bronze	01:46.0	Silver	02:25.0	Gold	16.68	Fourth
52UB	4	F	4.7	Bronze	13.69	Silver	2.62	Bronze	01:33.3	Gold	02:27.0	Gold	12.71	Fourth
75SD	4	F	8.4	Purple	0.00	Ungraded	1.36	Fourth	00:00.0	Ungraded	00:00.0	Ungraded	7.45	Fourth
56EH	4	F	7.1	Purple	12.63	Gold	2.32	Bronze	01:27.0	Gold	02:21.0	Gold	13.58	Fourth
54FG	4	F	4.5	Bronze	13.55	Silver	2.20	Fourth	01:45.3	Silver	02:40.0	Gold	13.36	Fourth
49BU	4	F	6.4	Gold	12.73	Gold	2.71	Bronze	01:28.0	Gold	02:26.0	Gold	10.50	Fourth
51AL	4	F	3.6	Fourth	12.17	Gold	2.70	Bronze	01:32.0	Gold	00:00.0	Ungraded	14.80	Fourth
21AR	4	F	4.6	Bronze	15.68	Fourth	2.00	Fourth	01:47.0	Silver	02:46.0	Silver	10.50	Fourth
12PR	4	F	6.0	Gold	13.50	Silver	2.17	Fourth	01:38.6	Gold	02:52.0	Silver	7.10	Fourth
52OR	4	F	5.1	Silver	14.77	Bronze	2.11	Fourth	01:40.0	Gold	02:38.0	Gold	10.52	Fourth
32IG	4	F	4.5	Bronze	13.30	Silver	2.05	Fourth	01:49.2	Silver	00:00.0	Ungraded	8.20	Fourth
21OQ	4	F	5.5	Silver	12.65	Gold	3.07	Silver	01:35.0	Gold	02:24.0	Gold	18.19	Bronze
22SU	4	F	7.0	Purple	12.44	Gold	3.06	Silver	01:25.0	Gold	02:15.0	Gold	15.98	Fourth
14HGMI	4	F	6.3	Gold	13.00	Silver	2.56	Bronze	01:45.0	Silver	02:42.0	Silver	15.05	Fourth
54AX	4	F	5.2	Silver	13.98	Bronze	2.70	Bronze	01:50.8	Silver	00:00.0	Ungraded	8.10	Fourth
21AG	4	F	5.9	Gold	14.74	Bronze	2.00	Fourth	01:46.0	Silver	02:45.0	Silver	9.65	Fourth
69QG	4	F	4.5	Bronze	13.16	Silver	1.86	Fourth	01:50.0	Silver	02:31.0	Gold	11.31	Fourth
36IN	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	02:02.0	Bronze	00:00.0	Ungraded	7.50	Fourth
0	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	02:02.0	Fourth	00:00.0	Ungraded	0.00	Ungraded
50B2PJ	4	F	7.2	Purple	12.25	Gold	2.42	Bronze	01:28.0	Gold	02:17.0	Gold	18.40	Bronze
51X51K														